

My qualities

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Use this page to help you think about your qualities and how they can benefit you and others.

What do I think my qualities are? COURAGE GOOD LISTENER ANALYTICAL COMPETENT
GOOD COMMUNICATOR PRODUCTIVE FOCUSED CARING PUNCTUAL ABLE ACCEPTING
ACCOMMODATING GIFTED ACTION-ORIENTATED FUN ACTIVE ADAPTABLE RESPECTFUL
AFFECTIONATE FOCUSED ALL-ROUNDER AMBITIOUS EAGER ANALYTICAL APPROACHABLE
PRODUCTIVE GENEROUS ARTICULATE CREATIVE ASPIRATIONAL DISCIPLINE ATTRACTIVE

We have added some examples to help you - think of your own qualities and add them here.

What do my family or friends think my qualities are?

What is my best quality?

What quality would I like to develop?

How could I develop this quality?

**“Courage is rightly esteemed the first of human qualities...
because it is the quality which guarantees all others”**

Winston Churchill, British Prime Minister (1940-45 & 1951-55)