

Volunteering log

Volunteering is one of the most important things anyone can do. And anyone can! It's a great way to meet new people, learn new skills and gain valuable experience. By helping others you will also be helping yourself. It's just as important to keep a record of the hours you volunteer, not just for your own reference but for proof at future job and higher education interviews.

Volunteering	Date(s)	Total hours	Who/How did I help?
	DD/MM/YY		
	DD/MM/YY		
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Don't forget to use your volunteering to help you achieve other awards such as the Duke of Edinburgh Award (dofe.org.uk)

"If you want to lift yourself up, lift up someone else."

-Booker T.Washington, African American Educator and Civil Rights Leader

If you think you can, you can!