Dear ---MP name here ---,

Over the lockdown, the Jack Petchey Foundation organised a survey to ask young people like me about our experience in the lockdown, our concerns for the future and what opportunities will help us to reach our goals.

As a young person in your area, I am writing to you today to share the results of the [*Shaping Our Future: The Jack Petchey COVID-19 Youth Survey*](https://www.jackpetcheyfoundation.org.uk/media-hub/shaping-the-future/), in which **6,050 young people took part.**

Young people often get a bad press for being selfish, so one result I was very interested in was that, despite the challenges of the past few months, we young people have responded to the lockdown by helping our communities. **56% of young people like me have taken positive action to help others**, including volunteering, fundraising, shopping for vulnerable people, making PPE and much more.

In fact, **over half** of respondents said they would like to have more opportunities to volunteer in the future and **40%** said we are now **more inspired to pursue a caring profession in the future** than we were before the pandemic.

The Jack Petchey Foundation [*Shaping Our Future*](https://www.jackpetcheyfoundation.org.uk/media-hub/shaping-the-future/) report summarises what young people have to say about giving something back to society, as well as many more issues that young people said were important to them.

I would like to ask you, as my MP, to:

* **Read the survey results** to find out about our hopes are for the future
* **Share our thoughts** – send this survey report to your colleagues, and share on social media to spread the word on the positive things we are doing, what we think and what we want to see in the future
* **Encourage and celebrate how we contribute to society** – contact the Jack Petchey Foundation to find out about what young people are doing in your constituency and how you can promote this
* **Consult us in your decision making -** Get in touch with Jack Petchey Foundation if you would like an opportunity to speak directly to young people who are keen to share their thoughts and experiences directly

Yours sincerely,

--- Add your name here ---